

Coaching rates and terms

Telephone/skype coaching:

Corporate

3 x 1 hour calls per month £450

Private

3 x 40 min calls per month + email exchanges £240

Face-to-face:

Corporate

Per 2 hour session £265

Private

Per 2 hour session £180

Travelling expenses may be charged outside the greater Glasgow area. All fee rates are negotiable.

Terms:

You pay a month upfront and you bear the cost of phone calls. At the end of the first month, we'd review and if we're both happy with the process, I invite you to commit to 3 months, continuing to pay monthly. A reasonable length of time allows for drilling down to underlying processes, ensuring that goals are appropriate and supporting and challenging through the agreed actions.

Firework Career Coaching: 12 sessions £1080 face-to-face
£ 960 phone

payable in 3 instalments

Intake session £100, deducted from 1st instalment of contract agreed